

## FAQ'S FOR TRAINING COURSES

### **What is involved with the BLS course?**

- High-quality CPR for adults, children, and infants
  - The AHA Chain of Survival, specifically the BLS components
  - Use of an AED
  - Effective ventilations using a barrier device
  - Importance of teams in multi-rescuer resuscitation and performance as an effective team member during multi-rescuer CPR
  - Relief of foreign-body airway obstruction (choking) for adults and infants
- if this is the right class for them (anyone can take this course; meets the requirements for medical professionals such as nurses, physical therapists, athletic trainers, dental assistants, etc.).

### **Who can take the BLS class?**

Anyone at any skill level or occupation.

It DOES meet requirements for nurses, athletic trainers, EMT's, physical therapists, dental assistants, etc.

In the Instructor-led course, students participate in simulated clinical scenarios and learning stations. Students work with an AHA BLS Instructor to complete BLS skills practice and skills testing. Students also complete a written exam.

### **What is the cost?**

There is no cost to the class, however, the Lynchburg Life Saving Crew is a non-profit agency that relies on donations to allow us to do our work in the community. There are suggested donation amounts posted on our website. We ask those who are seeking certification to consider the staff time, cost of equipment, cost of certification cards, etc....when donating to cover the cost of education. Your support is appreciated!!

### **What happens after I register?**

An Instructor from LLSC will contact you with information on the class and to confirm your spot. The course duration will depend on the number of persons who are signed up for that class. Space is limited to make sure that instruction is consistent, and that skills development is as good as it can be for each student.

**If you should have additional questions, please contact Dr. Grant Azdell at [gazdell@rescue9.org](mailto:gazdell@rescue9.org)**